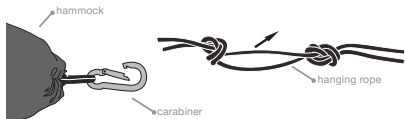




## HANGING INSTRUCTIONS:



## IMPORTANT:

When hanging hammock, both ends must be level. Do not hang hammock over 18" off of the ground.

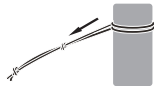
1. Unfasten carabiner from hanging rope.



2. Wrap hanging rope around support.



3. Pull the end of the hanging rope through the loop.



4. Pull hanging rope tight around support.



5. Attach carabiner to rope loop and ensure carabiner gate is securely closed.

## ENTERING THE HAMMOCK:



1. Make sure hammock is secure and level.



2. Hold on to the sides and sit in hammock.



3. Pivot your body and swing your legs in.



4. Extend your body and relax.

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